

AIP FITNESS BODYBUILDING TRAINING



- *1 MONTH PACKAGE***
- 16 SESSIONS (4 WEEKLY)***
- STRICT NUTRITIONAL PLANNING***
- STRICT 1-on-1 TRAINING***
- 10% SUPPLEMENT DISCOUNT w/AIP FITNESS***
- PACKAGE PRICE \$575***

As a trainer going on 15 years, I have enjoyed working with individuals of all works of life and fitness levels. I personally enjoy the bodybuilding lifestyle. I would like to think through my own professional and personal accomplishments I have a particular skill set in not only getting myself into a certain kind of shape but also guiding others to do the same. I am introducing a new facet to my personal training business that is strictly devoted to bodybuilding training. If it be you are wanting to put clean size on or condition the body to a low body fat %, I want to work with you. Through meal guidance and nutrition monitoring, also one on one training, I believe I have the knowledge to help. Contact me, Joshua Englehart, at 517-677-2553 or email me at englehartjosh@gmail.com. Like us on Facebook ***AIP Fitness Personal Training***.

